Principal's Report
Welcome to another busy week. A huge thankyou to all the Parents that attended last nights Information Evening. It makes it so much easier when we are all roughly on the same page. In particular I’d like to sincerely say thank you to the Staff who took the time to prepare and share for the evening. The P&C as usual was terrific providing sausage sangas and drinks over the course of the evening.

Bike Racks
The bike and scooter racks are now situated in what is an out of bounds area during the course of the day. They are under the steps opposite KS’s room.

First Assembly
Our first and one of our biggest assemblies was held on Monday with the senior badges being handed out to our school leaders for the 2015 school year. These included House Captains and Vice Captains, Swimming Awards, KEEP participants and of course the annual Year 6 badges.
For a first and such a lengthy assembly I was very impressed with our kids behaviour. Well done guys.

KL’s Budgie
Many thanks to Emelia and Noah Nelson for giving KL a beautiful budgie. KL would love a mate for her.
Happy Kids Parenting Ideas!

10 Conversations you must have with your son, author Tim Hawkes suggests there are 4 ways that parents show love to their children:

1. **Through words** Hawkes writes, “A son (child) dispatched to school with the reminder that he is loved is a son (child) equipped to withstand the emotional and social attrition wrought by a world given to withering putdowns.” Hawkes is so right, but ‘I love you’ are three simple words that can get caught in our throats.

2. **Through deeds** Hawkes says, “For a parent to be agreeing with their son (child), there needs to be an agreement between that which is heard and that which is seen.” For some children a parent baking a cake for them is an act of love. They like the fact that you made it for them more than the cake itself!

3. **Through presence** “In a time-poor society that is given to showing love through the gift of material possessions, the greatest demonstration of love a parent can give is to offer their child the gift of time,” writes Hawkes. Effective parenting is about choices, and choosing to be a presence in the lives of kids is an act of love that may not be appreciated at the time but can have a profound impact.

4. **Through providing** It’s easy to be dismissive of the provider role that we play, but the psychologist Maslow reminded us that unless a child’s basic needs – food, shelter and protection – are met he will struggle to have his higher order needs such as self-esteem and a sense of belonging met. But parents need to attend to those higher needs by attending to positive values, developing a sense of purpose, and developing a sense of belonging to his family through contribution.

**Here’s a task.**

Score yourself out of ten against each of these four different ways of showing love.

If the score is low in **WORDS**, commit to introducing more conversation into your family life.

Here are five ideas to get more talk going:

1. Share conversations through meals
2. Regularly talk about news items that would interest kids.
3. Practise shoulder-to-shoulder parenting by talking in the car, or while you are active together.
4. Text message or email your kids (if old enough), particularly if your child’s preferred ‘love language’ is WORDS.
5. Write a letter and post it to your child.

You should reflect from time to time on the important stuff you do. Personally, I think activities such as these are Parenting Gold.

**Canteen News**

Week 4 in the canteen has seen things start to get a little busier. With the changes that have been made to the menu, there has been a shift to cooking fresh food daily rather than packaged food. This is an ongoing process and the menu will keep being tweaked to reflect this.

This includes fresh chicken cooked for the chicken wraps, fresh vegetables cooked for the salads, and fresh quiches. The oven that is currently used is temperamental, and I’m working to its capacity. Because of this, I have taken many of the hot items off the menu for the rest of this Term, though as the cooler weather comes I hope to bring hot, wholesome food into the mix.

My next focus will be working on reducing the ice block consumption and ensuring the options available are free from additives and other nasties that prevent kids from being at their best.

The canteen is open now in the afternoon for recess. There will only be freshly made products available this time of day.

This includes things like:

- Sundried tomato & feta mini quiches $2
- Banana muffins $2
- Energy Balls 50c
- Banana Pikelets 50c
- Fruit salad $2
- Fresh Mango/Banana Smoothies $3

I have been running some of these products all week and have been getting a great response from the students.

Thanks, Shane

**Week 4 Term 1 Bronze Awards**

| KL     | 17 |
| KS    | 19 |
| K/1M  | 18 |
| 1/2C  | 17 |
| 1/2N  | 21 |
| 2/3R  | 23 |
| 3/4D  | 23 |
| 3/4S  | 25 |
| 3/4T  | 20 |

**School Fees**

At the Annual General Meeting the P & C set the school contribution fees at $40 per student or $100 for 3 or more family members. Invoices were sent home this week. Payments can be made to the school office by cash, cheque or eftpos.