We all worry as parents. There are three things I’ve noticed about parents’ worries.

First, small kids give you small worries and big kids can provide big worries. Hmmm! That maybe a little scary but you’ll be ready to cope when your kids are older.

Second, parents always seem to be concerned about one child at a time. You fix one child up and then suddenly another one presents with an issue or concern. DOH! That’s the way of family-life.

Third, the bigger the family the less parents worry about individual kids. Concerns tend to be about the family, or the kids in general, in big families.

Lately, I’m finding parents worrying about stuff (kid’s behaviour, learning, confidence levels) that they shouldn’t be too concerned about. In many cases, maturity will sort things out. Also for many kids, what’s a problem today is forgotten tomorrow yet we adults tend to hang on to kids’ problems long after they’ve stopped caring.

I can’t advise you about what you should worry about as a parent. That’s your prerogative. But I think there are times when it’s not worth worrying too much. Here are some of those times:

1. When a child’s misbehaviour fits into the normal behavioural range. A mum worried recently that her just turned three-year-old wouldn’t leave her alone when she was on the phone. I couldn’t help thinking that was fairly normal! Another mum was worried that her four-year-old may have some problems as he was checking out the genitalia of a mate. Nope, that’s pretty natural curiosity for that age group. Working out what’s normal is a challenge when you are inexperienced. You need to check in with friends from time to time and see what’s happening with their kids.

2. When a child is moving from one stage to the next. Four-year-olds can get ‘kinder smartmouth’; boys can give mum a hard-time at five and again in early adolescence; some girls develop an ‘attitude at seven, and again at thirteen; boys’ vocabularies shrink to three words in early teens; and 14 year old girls will often have little time for the dads. These behaviours are indicative of different transition stages of development. Annoying yes, but not always worrying!

3. When a child is displaying an independent streak. Sometimes kids put their foot down and say “NO I’m not trying that. They don’t do the things that you wanted them to do such as play a particular sport or go to a certain club. A show of independence is usually a healthy thing, but it can be difficult for parents to swallow.

4. When a child struggles periodically at school either socially or academically. The ups and downs of growing up mean that kids don’t always learn on an even trajectory. They have good years and bad years at school. They also have good years and bad years socially. That is, they have years where they sit next to their best friends and have a ball. And other years when finding and keeping friends can be a little tougher. Helping kids ride the lows and the highs is part of the parenting job. Sometimes we worry at the first sign of a problem. Time and children themselves solve many problems when they get the chance.

Parents of first and second borns tend to worry over different things than parents of later borns. I suspect that a little bit of experience gives you some perspective, and helps you work out what’s a real concern, and what’s typically a stage they are going through.

If in doubt, talk honestly and openly with some trusted parents, preferably those with some experience. Also talk with your child’s teachers who generally have had more experience of children of your child’s age group than you do. It’s a worry being a parent. But it doesn’t always have to be!
Values: Integrity, Excellence, Respect, Responsibility, Cooperation, Participation, Care, Fairness, Belonging, Pride

What’s happening

Term 3 Week 3
Mon 29/07 3rd Instalment was due for Fraser Island
Thur 1/08 Auskick begins after school 3.30pm - 4.30pm
Thur 1/08 Wakakirri Performance in Logan

Term 3 Week 4
Thur 8/08 P & C Meeting in Staffroom 5.30pm - 7.30pm

Term 3 Week 5
Mon 12/08 Minding Me & Moving into Teen Years Stage 3
Thur 15/08 Spelling Bee Stage 3 School Hall
Fri 16/08 NR PSSA Athletics Carnival

Term 3 Week 6
Mon 19/08 Minding Me & Moving into Teen Years Stage 3

Term 3 Week 7
Fri 30/08 KPS Fete

Week 3 PBL:
Congratulations to our PBL award recipients from last week’s assembly! It’s great to see so many students demonstrating our school expectations in the playground. This week’s focus is of particular importance; **Being Cooperative in the COLA areas**: *Cleaning up after ourselves*. KPS students are cooperating by putting their lunch litter in the bins, keeping our eating areas clean. Whilst not the weekly focus, specifically, we are also focussing on **safety around the COLA area**, particularly at bus/pick up time. During this time students have a **specified seating arrangement** while they line up and wait for buses or alternate arrangements. Parents are encouraged to ask their children where it is they have to sit at bus/home time and remind them of the importance around doing so, to aid in supervision and physical safety.

Canteen Roster

<table>
<thead>
<tr>
<th>Date</th>
<th>Name</th>
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<tbody>
<tr>
<td>Thur 1/08</td>
<td>Y. Bateman</td>
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<tr>
<td>Fri 2/08</td>
<td>J. Wilson</td>
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<tr>
<td>Mon 5/08</td>
<td>J. Wilson</td>
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<tr>
<td>Tue 6/08</td>
<td>S. Jenner</td>
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<tr>
<td>Wed 7/08</td>
<td>J. Wilson</td>
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<td>T. Langley</td>
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Friday Special: Sausage Sandwich $1.50

Uniform Shop News
Did You Know???
The uniform shop stocks lunchbox essentials like drink bottles, cutlery, insulated containers, lunchbags and sandwich wraps. Priced from $5.95 and in a variety of colours a whopping 25% of sales will come directly to the school thanks to The Cook and the Book Casino - Helen Perry Ph. 66 622 433. We are also selling all of the old style uniforms at heavily discounted prices. Checked dresses, blouses, green tights and bike pants all BRAND NEW for $5 a piece.

Are you free Thursday Morning between 8.45am and 9.20am? We are looking for a volunteer as our regular Thursday person is on maternity leave. If you can fill this position please leave your name, email and phone number at the office.

If you have any unwanted green polo shirts or black pants at home we have very few in the secondhand box at the moment.

Congratulations to Lill and Alicia who qualified for the North Coast Softball team to play in Penrith on 27, 28, 29 September.

Wakakirri Dance Group Fundraiser Thank You
Thank you to the following businesses and individuals who generously donated prizes towards our fundraising: Plum Vintage, Ripples on the Creek, Gold Coast Titans, Kyogle Community Gym, Taronga Zoo Currumbin Wildlife Sanctuary, Australia zoo, Marine Magic Pet Porpoise Pool, Wyndham Cruises, Terry Bushells Hairdressers, Ballina Ramada, Mobil Food Mart Lismore, Pronails, Charcoal Inn Casino, BSW Kyogle, Stuarts Butchery Kyogle, Southside Butchery Casino, Grahams Concrete, Jess Wilson, Kelly Reeves, Tracey O'Reilly and Rebecca Harley.
**Kyogle Kookaburras**

Have you heard it? The beautiful voices echoing through the corridors of Kyogle Public School. Have you seen them? The angelic faces of the Kyogle Kookaburras. That’s right - our own school choir, meeting every Friday lunch for the joy that singing brings.

The Kyogle Kookaburras include students from Kinder up to Year 6. We sing all over town and especially love singing for our friends at the Aged Care Unit at the hospital. Every now and then we combine forces with the local town choir “The Semitones” and sing at gigs together.

On Monday 29 July, the Kookaburras made their way to the Senior Citizens Centre and sang all of our favourite songs. Soon the choir will be competing at the Lismore Eisteddfod (Tuesday 13 August) and performing at the Casino/Kyogle Performing Arts Festival. Notes will soon be distributed for these events.

Last year we enjoyed great success at the Eisteddfod coming first in our division and bringing back a trophy. We hope to repeat that success this year. Wish us luck! The choir will also be performing at the School Assembly in the Hall on Monday 9 August. All students and interested community members are welcome to join.

**2B Newsletter Feature**

On Wednesday we have library and computer time with Mrs Rankin. 2B explores the resource books in the Library then we have computer time where we are currently learning about different computer programs such as ‘club penguin motion comic’.

**Mathematics**

In week one 2B was learning about 2 digit addition. Elana and Jordan independently, challenging their understanding during maths groups.

**COGS**

In COGS we are learning about ‘hot and cold’. The students have been learning about the difference between the many hot and cold colours.

**Farm Excursion**

Yesterday, all of Kinder, Year One and Year Two dodged the rain and visited the High School Farm. Students were able to brush a cow, collect sheep wool, feed the chooks, pat the sheep and alpacas, and the big hit……hold the chickens! All students were beautifully behaved and were a credit to our school. A big thank you to High school teacher Mr Jarrod Kelly and farm manager Pete for letting 150 ‘smaller-than-they-are-used-to’ students visit the farm.

**WANTED!**

Empty plastic water bottles to use for an experiment during our Literacy/Maths/Science Day in Week 5. Deliver to the office or Mrs Cole. Many Thanks.
**It's Out Of This World!**

Please join us at Kyogle Public School on Wednesday August 14 2013 to celebrate Literacy, Numeracy and Science and Technology.

9.30am - Opening Address and Book Week Costume Parade (Hall)
10.30am – Whole School Activities
11.20am – Picnic Lunch
12.30am – Whole School Activities

Students are invited to dress up for the Book Week Parade Competition.

**KPS Footy Legends**

Well done to the Under 10’s Rugby League Team who travelled to Sydney to take part in the state finals of the NSW Rugby League 69th All Schools Carnival which was held in the St Marys/ Whalan area of Western Sydney. All of the children displayed excellent behaviour and were fantastic ambassadors for KPS and Kyogle. The team started the day on fire winning their first two games against, St Rose Public School and Kendall Public School. In the afternoon fatigue from the two earlier games and the 12 hour bus trip took its toll and the team not through lack of effort and commitment lost their last two games for the day against St Patrick’s Macksville and Erina Heights Public School. This meant we finished third in our pool. We were all very proud of the way they played with great spirit and sportsmanship throughout the day. That night we travelled across to Campbelltown Stadium to watch the Wests Tigers and the Manly Sea Eagles play the Monday night NRL game. We then boarded the bus to make the 12 hour trek back home to Kyogle. One main highlight of the trip was Mr Kearns and Tanayah Harley “The Little Big Womarn” being interviewed live on Sunday’s 2GB Continuous Call Team by Ray Hadley and Darryl Brohman “The Big Marn”. Because of the huge effort everyone in Kyogle put into making it along to Sydney for the trip Darryl Brohman organised for NSWRL to follow our team around for the day videoing our games and interviewing some of the players and coaches.. This will now be made into a small segment which will be aired as part of Channel Nine’s Footy Show either this Thursday night or Sunday morning.

We will have a bigger write-up with photos and the student’s thoughts about the trip in next week’s newsletter.