Principals Message
Welcome back to what’s shaping up to be a busy and exciting term for the great students at their great school. It was lovely to see so many smiling faces ready to finish the school year in a big way. I bet a few parents had big smiles on their faces too!!! I had reason this morning to visit every classroom with a piece of information I’d forgotten to share with everyone. It was the most pleasant stroll I’ve had this year. In every classroom were well behaved and engaged kids. It never fails to impress me when I see the relationships that staff have with their students. We will try to keep you as informed as possible about the goings on at school, however if you are in any doubt about anything please call. Keeping our communication lines open and productive is vital to keeping us all moving in a positive direction. Have a good one.
Drew

Why finishing 4th beats winning
Everyone wins. We want it for ourselves. We want it even more for our kids.
It’s great to see the smiles of satisfaction on a child’s face after winning a game, a race or finishing on top of the pile in any endeavour.
Winning is a good feeling. Winning means they’re doing well. It’s equated with success.
It’s a good habit to develop. ...... or so the theory goes.
I beg to differ.
Winning is just one story.
Not finishing first carries emotion too but’s it’s not necessarily positive.
It’s good for kids to experience disappointment, annoyance and frustration just as it’s good to experience positive emotions.
It’s good to learn when you are young that bad feelings happen, but they don’t last. This is a huge life lesson.
Not winning also teaching kids to link success with effort. It teaches them that perseverance pays off eventually.
Helping kids accept setbacks and unpleasant emotions rather than block them out is the key to building their resilience.

What about the child who never wins?
Some children seem to never win, or hardly ever do. One of my kids always seemed to have 4th place sewn up in any race – just missing a ribbon - except if he was trying to get into a four person relay team. He’d usually finish 5th.
As a caring parent it was hard work keeping his chin up year after year. But that’s what you have to do.
He eventually stopped doing some of the activities where he struggled in, replacing them with school subjects, sports and activities that more suited his interests and abilities.
But not before he learned the value of struggle. As an adult he can now articulate the disappointment he felt coming close but never quite hitting the winner’s circle; but he can see the value of hanging in there long after others have given up. That’s possibly due in part to temperament, but I suspect in part due to some valuable lessons from not winning, or coming close, when he was young.
He knows persistence is one of his strongest assets.
So if you have a child who continually comes 4th (figuratively as well as literally) here are some strategies you can focus on:
1. Encourage liberally: use process praise (“you used smart strategies”, “you worked hard on that one”, “you thought long and hard to work that problem out.”) this helps kids value effort and work for longer-term results.
2. Focus on struggles, not just on victories: Your focus as a parent reveals your values. If you value effort and struggle then you need to be on the lookout for these so you can applaud them. If winning is all you value, then you’ll focus on that. There is a choice.
3. Share stories of struggle and overcoming adversity: Whether it’s stories from your own life (kids to love to hear when their parents struggled) or stories from news, public or sporting life inspire and encourage kids with the narratives of the struggles of others.
It’s easy as a parent to get caught in the winning trap. We sometimes just get carried along with the hype.
But maybe, just maybe, finishing 4th is better for kids in the long-term than always being a winner.
What's happening

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<tr>
<th>Term 4</th>
<th>Week 1</th>
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<tbody>
<tr>
<td>Fri 11/10</td>
<td>Midginbil Hill Payment due $60</td>
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<tr>
<th>Term 4</th>
<th>Week 2</th>
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<tr>
<td>Mon 14/10</td>
<td>School Assembly in Hall at 2.20pm</td>
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<tr>
<td>Wed 16/10</td>
<td>Fraser Island Payment due $60</td>
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Canteen Roster

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<tr>
<td>Thur 10/10</td>
<td>J. Wilson</td>
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<td>Fri 11/10</td>
<td>J. Wilson</td>
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<tr>
<td>Mon 14/10</td>
<td>J. Wilson</td>
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<tr>
<td>Tue 15/10</td>
<td>K. Hoffman</td>
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<tr>
<td>Wed 16/10</td>
<td>J. Wilson</td>
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Final Payment for Excursions

Please note due to the new finance and administration system being implemented at the beginning of November, all payments must be finalised for Midginbil Hill by Friday, 25 October and Fraser Island by Monday, 28 October.

Craft Hands

Every Thursday 2nd lunch during Term 4 (starting Week 2) Mrs Mitchell will be holding ‘Crafty Hands’ in her 5i6M room for interested students from Stages 2/3. Students will have the opportunity to engage with age old crafts such as Cross Stitch, Knitting, Scrapbooking and Sewing. As such, students have asked if they can bring in their own sewing machines, craft knives and other equipment. Correct usage and Safety demonstrations will be given on all equipment used, however should you prefer your child NOT to use these resources please do not hesitate to contact me. Some materials will be provided for beginners but students who are already working on a project are free to bring in their required materials. I am looking forward to getting back to old school craft with the students and teaching them some new/old skills.

Mrs Becca Mitchell

Friday Special:

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Week 1 PBL focus

In light of a fresh start to Term 4, our PBL focus this week is on “Being responsible - keeping the classroom tidy”. Parents may appreciate that, this week, parents will be receiving a timely reminder to students that practising good habits, such as packing up promptly and returning things to the right place, helps keep things in order. We consider this a responsibility, rather than a chore or a punishment.

Student Banking

Students who hand in their bank book for next weeks student banking will be put in a draw to win a prize donated by the Commonwealth Bank.

Changes for Term 4 Sport For Stages 2 & 3

Sport for Stage 2 and 3 this Term will be swimming. This will commence tomorrow, Thursday, 9 October for Stage 3 (5/6M, 5/6O, 5/6B) and Tuesday, 15 October for Stage 2 (3/4K, 3/4M, 3/4R). Remember to bring $2.25 for pool entry (or season ticket number), towel, swimmers, rash shirt/t-shirt and a bag to put your wet swimmers in afterward. Please remind your child to bring these items with them each week as phone calls home will be limited to one per child per term. (Children will still be expected to go down to the pool, pay the entry fee and watch if they forget their gear.)

Scripture

Due to Stage 3 sport changing to a Thursday scripture time has been changed to a Wednesday as of Week 2 for Stages 1, 2 and 3, for Term 4 only.

Kyogle Junior Cricket

starts Friday, 11 October.

Training on Wednesdays at Rec ground at 4pm.

Sign on at Training. More info contact:

Karen 0428 322313 or Tony 0429 827256

Joys Learn to Swim

- all ages. Starting soon $8 for 1/2 lesson.

Monday to Friday afternoons & Saturday mornings.

Contact Joy 66 362 138 or 2429 184023